



Product Information Sheet

LittleOak Goat Toddler Milk (Stage 3)

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Nutrition Information For made-up drink

Serve Size: 30g into 200mls water yields approximately 220mls prepared Toddler Milk

Servings Per Can: 26	Average Quantity Per Serve	% RDI*	Average Quantity Per 100mls
Energy	638kJ		288kJ
Protein	3.0g		1.4g
Fat, total	8.2g		3.7g
- saturated fat	3.4g		1.5g
- trans fat	0.10g		0.05g
- polyunsaturated fat	1.5g		0.68g
- omega-3, total	188mg		84.6mg
- α-linolenic acid	140mg		63.0mg
- DHA ⁽¹⁾	48.0mg		21.6mg
- monounsaturated fat	2.4g		1.1g
Carbohydrate	16.5g		7.4g
- sugars	16.5g		7.4g
- lactose	16.4g		7.4g
- glucose	0.10g		0.04g
- sucrose	Nil		Nil
Sodium	30.0mg		13.5mg
Vitamin A	75.0µg RE	25.0%	33.8µg RE
Vitamin B ₆	175µg	25.0%	78.8µg
Vitamin B ₁₂	0.30µg	30.0%	0.14µg
Vitamin C	15.0mg	50.0%	6.8mg
Vitamin D ₃	1.75µg	35.0%	0.79µg
Vitamin E	1.63mg α-TE	32.5%	0.73mg α-TE
Niacin	1500µg	30.0%	675µg
Folate	50.0µg	50.0%	22.5 µg
Riboflavin	280µg	35.0%	126µg
Thiamin	125µg	25.0%	56.3µg
Calcium	175mg	25.0%	78.8mg
Iodine	35.0µg	50.0%	15.8µg
Iron	2.4mg	40.0%	1.1mg
Magnesium	20.0mg	25.0%	9.0mg
Phosphorus	100mg	20.0%	45.0mg
Zinc	0.90mg	20.0%	0.41mg
Dietary fibre, total	0.60g		0.27g
- Galacto-oligosaccharide (GOS)	0.60g		0.27g

*RDI = Recommended Dietary Intake for children aged 1 – 3 years

⁽¹⁾ DHA = Docosahexaenoic acid



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Ingredient List

Full Cream Goat **Milk** Solids [40%], Lactose (**Milk**), LittleOak Proprietary Oil Blend (Sunflower Oil, High Oleic Sunflower Oil, Pressed Coconut Oil, Pressed Flaxseed Oil), Galacto-oligosaccharide (GOS) (**Milk**), DHA Powder (Docosahexaenoic Oil from *Schizochytrium sp.*), Minerals (Calcium Citrate, Tricalcium Phosphate, Magnesium Sulphate, Ferrous Lactate, Zinc Sulphate, Potassium Iodide), Vitamins (Vitamin C, Vitamin E, Vitamin B₃, Vitamin D₃, Vitamin A, Vitamin B₁₂, Vitamin B₆, Vitamin B₁, Vitamin B₂, Folic Acid), Antioxidant (α -Tocopherol).

Contains Milk

Made using Goat Milk Protein